

JUST ONE

MENTAL HEALTH RESOURCES



COUNSELING

Relate Counseling Center

5125 County Rd 101, Minnetonka
www.relatemn.org
952-993-7277

Youable Emotional Health

6425 Nicollet Ave S., Richfield
www.youable.health
612-452-6600



Nystrom & Associates

13100 Wayzata Blvd Ste 200, Minnetonka
www.nystromcounseling.com
(844) 374-8893

MoveFwd

101 Highway 7 Room 235, Hopkins
movefwdmn.org
952-988-8336

Melrose Center

9600 Upland Ln N UNIT 110, Maple Grove
www.healthpartners.com
952-993-6200

MyHealth for Teens & Young Adults

15 8th Avenue South, Hopkins
www.myhealthmn.org
952-474-3251

Ellie Mental Health

7767 Elm Creek Blvd N Suite 220,
Maple Grove
elliementalhealth.com
651-313-8080

Behavioral Healthcare Providers (BHP)

1405 N Lilac Dr, Suite 151, Golden Valley
www.bphcare.com
866-604-2739

Christian Heart Counseling

13911 Ridgedale Dr, Minnetonka
www.christianheartcounseling.com
651-439-2059

The Art of Healing

4570 West 77th Street, Suite 255,
Minneapolis
artofhealingmn.com
612-351-2251

Advanced Brain and Body Clinic

701 Decatur Avenue N, Golden Valley
advancedbrainbody.com
612-682-4912

Prairie Care

12915 63rd Ave N, Maple Grove
www.prairie-care.com
952-826-8475

My Eagle Counseling

600 Twelve Oaks Center Dr Suite 216,
Wayzata
myeaglecounseling.com
612-559-8704

Brighter Days

15764 Vetur Lane Eden Prairie
brighterdaysgriefcenter.org
952-303-3873

OTHER RESOURCES

TreeHouse

5757 Wayzata Blvd., Minneapolis
www.treehousehope.org
952-238-1010

Minnesota Optimist Project

www.projectoptimist.us

Pride Institute

14400 Martin Dr, Eden Prairie
www.pride-institute.com
888-616-5031

American Foundation of Suicide Prevention

AFSP Greater Minnesota, Minneapolis
www.afsp.org

MKG Parent Coach

mkgparentcoach.com

National Alliance of Mental Illness

1919 University Avenue West, Suite 400, St. Paul
namimn.org
1-888-626-4435

Minnesota Children & Nature Connection

https://sites.google.com/view/mncnc/home

HELPLINE: 651-645-2948, Ext. 117